

# GET LOW AND GO GAME

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Smoke is just as dangerous as hot flames; this game will teach children the need to crawl low and go under the smoke.

## What You'll Need:

- a dark colored sheet or plastic black tablecloth
- a stop-watch or you can use the clock app on your cell phone
- EXIT sign. This can be made out of poster board or construction paper.

## How to Play the Game:

Have 2 people hold the sheet/tablecloth at either end, above the ground about one to two feet, and billow it up and down.

Each person is timed as he/she takes turns crawling low and fast under the sheet/tablecloth to the exit sign and the one with the fastest time WINS!

